POSSIBLE SYMPTOMS OF GLUTEN-RELATED DISORDERS IN ADOLESCENTS AND KIDS

Mouth
- Bleeding or swollen gums, canker sores

Head
- Headaches

Teeth
- Discoloration or defective enamel

Elbows
- Rash

Stomach/GI System
- Abdominal pain, bloating, nausea, diarrhea or constipation

Joints
- Joint Pain

Bones
- Weakening of bones

AFFECT WHOLE BODY/WELL-BEING

- Irritability
- Difficulty focusing
- Anxiety
- Depression
- Moodiness
- Fatigue
- Learning Disorders
- Poor Growth
- Delayed Puberty

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