Possible Symptoms of Gluten-Related Disorders in Adolescents

- **Head**: Headaches
- **Teeth**: Discoloration or defective enamel
- **Elbows**: Rash
- **Mouth**: Bleeding or swollen gums, canker sores
- **Stomach/GI System**: Abdominal pain, bloating, nausea, diarrhea or constipation
- **Joints**: Joint Pain
- **Blood**: Anemia that is unresponsive to iron therapy
- **Bones**: Weakening of Bones

Affect whole body/well-being

- Irritability
- Difficulty focusing
- Anxiety
- Depression
- Moodiness
- Fatigue
- Learning Disorders
- Poor Growth
- Delayed Puberty